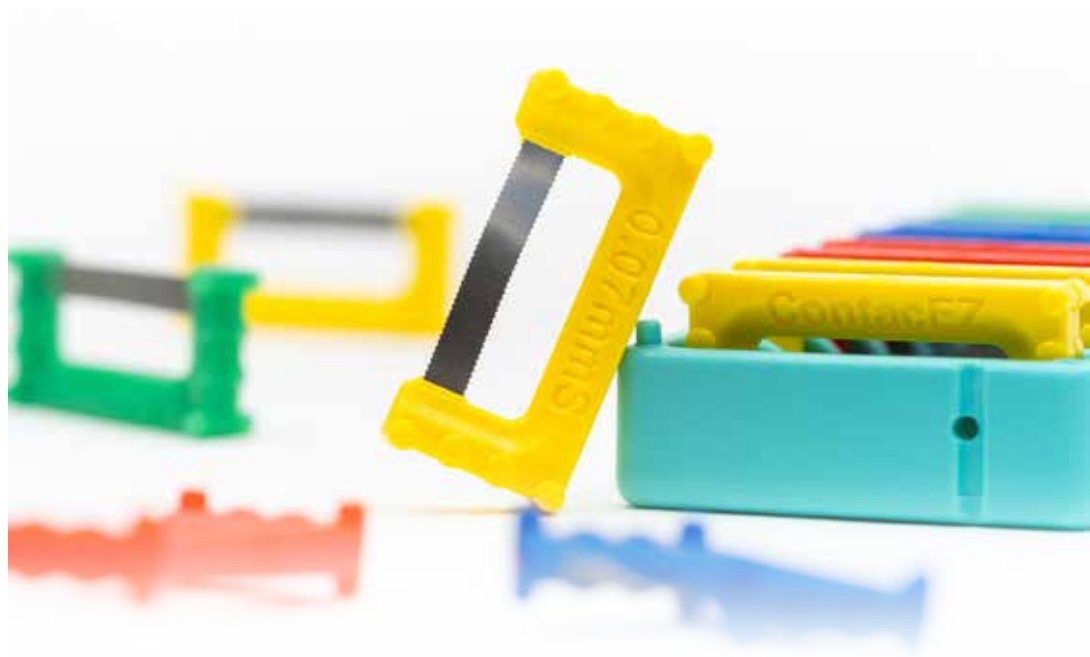




# Products and Cleaning Guide



DENTAL PRACTICE SUPPLIES  
[dentalpracticesupplies.com.au](http://dentalpracticesupplies.com.au)

## ContacEZ IPR System



Yellow - Starter  
0.07 mm  
Single-Sided. Extra-Fine Diamond. Serrated



Dark Blue - Widener  
0.15 mm  
Double-Sided. Coarse Diamond



Red - Opener  
0.12 mm  
Double-Sided. Medium Diamond



Green - Widener  
0.20 mm  
Double-Sided. Coarse Diamond

## ContacEZ IPR PLUS



Clear - Opener  
0.10 mm  
Single-Sided. Med-Fine Diamond. Serrated



Cyan - Opener  
0.15 mm  
Single-Sided. Medium-Coarse Diamond



Purple - Widener  
0.25 mm  
Double-Sided. Coarse Diamond



Brown - Widener  
0.30 mm  
Double-Sided. Coarse Diamond



Mint - Widener  
0.35 mm  
Double-Sided. Coarse Diamond



Aqua - Widener  
0.40 mm  
Double-Sided. Coarse Diamond



Turquoise - Widener  
0.45 mm  
Double-Sided. Coarse Diamond



Teal - Widener  
0.50 mm  
Double-Sided. Coarse Diamond

## Hygienist Strip



Pink  
0.05 mm  
Perforated. Stainless Steel

## ContacEZ Restorative Strip System RSS



Black - Diamond Strip  
0.06 mm  
Single-Sided. Fine Diamond



White - Gentle Saw  
0.035 mm  
Double-Sided. Coarse Diamond



Grey - Final Polishing Strip  
0.05 mm  
Single-Sided. Ultra-Fine Diamond



Orange - Serrated Diamond Strip  
Single-Sided. Extra-Fine Diamond  
Double Serrated - 0.05 mm



Blue - Heavy Duty Saw  
Double Serrated. No Diamond  
0.065 mm

## ContacEZ Subgingival Strip



Blue - Narrow Strip  
0.07 mm  
No Diamond. Double Serrated



Copper - Narrow Strip  
0.06 mm  
Single-Sided. Extra-Fine Diamond



Gold - Narrow Strip  
0.10 mm  
Single-Sided. Medium Diamond

## LAB Strip System



Clear - LAB Stone Strip  
0.10 mm  
Single-Sided. Medium-Fine Diamond



Black - LAB Bisque Strip  
0.06 mm  
Single-Sided. Fine Diamond



Cyan - LAB Stone Strip  
0.12 mm  
Single-Sided. Medium Diamond



Gray - LAB Glaze Strip  
0.04 mm  
Single-Sided. Ultra-Fine Diamond

## Restorative Strip System

The three-step ContacEZ Restorative Strip System offers you an easy and effective way to finish a crown seating, breaking the process down into three simple steps: **Adjustment**, **Cleaning**, and **Polishing**.

## IPR Strip System

The ContacEZ IPR Strip System is an innovative set of dental instruments specifically crafted to make interproximal reduction safe, fast and easy. These flexible dental strips are ergonomically designed, patient-friendly, and conveniently labeled with specifications on every strip.

ContactEZ's interproximal reduction strips make IPR safe and accurate without creating sharp corners or cutting lips and gums. Designed for use with clear aligners and orthodontic treatments, these strips prevent excessive enamel removal and patient comfort and safety.

## Subgingival Strip

The Subgingival Strip System is designed to remove carefully and conveniently hard-to-reach subgingival rough margins and overhangs and polish the surface to restore a natural finish. This system is specially designed to access the subgingival area to make overhang removal simple while preventing damage to patients' gingival tissue and lips. In addition, these ultra-narrow strips are perfect for cleaning out cement debris in the subgingival area of the interproximal space after crown cementation.

## Hygienist Strip

**Remove stains, discolorations, and clean proximal contact areas without damaging enamel surfaces.**

The ContacEZ Hygienist Strip is a dental strip designed to remove extrinsic discoloration and plaque from interproximal surfaces without causing damage to tooth enamel. The non-abrasive, flexible, stainless-steel strips clean proximal contact areas of tough stains from coffee, tea, tobacco, and red wine.

## LAB Strip System

The ContacEZ LAB Strip System is designed to reduce the frustrations inherent in coordinating proximal contact restoration of crowns between dental clinics and dental labs, creating a consistent procedure that reduces remakes and rebakes. For laboratory use only.

## Assorted Packs available

See the back page. For the full range, visit website:  
[www.dentalpracticesupplies.com.au](http://www.dentalpracticesupplies.com.au)



# Strip Usage Guidelines & Technique

ContactEZ Strips are autoclavable (**steam heat only, up to 280°F**) and multi-use, with a central opening for maximum visual perception. All strips should be sterilized prior to the first use and again between each reuse. **The manufacturer recommendation is to use each strip 3-5 times for maximum efficiency.**

**1** Hold the strip between your thumb and forefinger, insert it into the interproximal space, and gently pass the strip back and forth buccolingually until the strip is passive. **Do not use vertical force.** Start with the thinnest diamond strip, and repeat with thicker strips until you have reduced (stripped) the correct amount of enamel, to maximize patient comfort and chair-time efficiency.

**2** Polish the interproximal surface to restore a natural finish using the ContactEZ *Gray Final Polishing Strip* (0.05mm, Single-sided, Ultra-Fine Diamond) until all adjacent surfaces are smooth with the line angles contoured to avoid sharp corners in the final dental anatomy.

**3** Verify the final gap dimension using the ContactEZ *Incremental Thickness Gauge*. The location and amount of any reproximation performed should be recorded in the patient's chart.



Scan the QR code or go to  
[www.youtube.com/user/ContactEZ](https://www.youtube.com/user/ContactEZ)  
to see demonstration  
videos on the ContactEZ  
product range



# Strip Cleaning & Sterilization Instructions

ContactEZ Dental Strips are reusable for up to 3-5 times, and should be sterilized before the first use and again between each re-use. Please follow these instructions to clean your ContactEZ Dental Strips, either by hand or in an automatic washer, and then sterilize them in a standard steam heat autoclave.

## Cleaning

Option A. Clean ContactEZ Dental Strips by hand.

Step 1. Holding the ContactEZ Dental Strips under a faucet, run regular tap water over each strip, and scrub the stainless steel surface using a brush.



Step 2. Clean the ContactEZ Dental Strips using General Cleaning Solution in an Ultrasonic Tank for 10 - 20 minutes. Then rinse the ContactEZ Dental Strips under a faucet with regular running tap water.



Option B. Alternatively, you can clean ContactEZ Dental Strips in an Automatic Washer.

## Sterilization

Step 1. After cleaning, sterilize the ContactEZ Dental Strips in a standard steam heat autoclave (not dry heat) at 30 psi max for 10 minutes, with a maximum temperature of 270°F/132°C. ContactEZ recommends using distilled water in the autoclave.



Step 2. Allow the ContactEZ Dental Strips to cool down for a period of 5 minutes once the sterilization process is complete.



Step 3. Remove the ContactEZ Dental Strips from the autoclave by gloved hand. The strips are now ready to use.



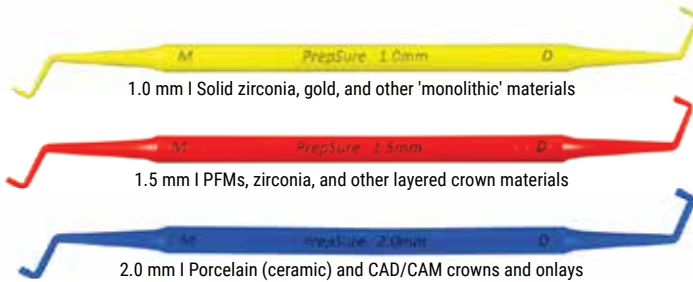
## Disposal

When the diamond powder has worn off of the stainless steel strip, ContactEZ Dental Strips may be disposed of with normal waste products.

## PrepSure

PrepSure® is a set of three innovative crown prep instruments to monitor & confirm ideal reduction of tooth structure for crowns and onlays. Achieve ideal abutments with proper occlusal, buccal, lingual, & gingival clearances by evaluating with PrepSure® while reducing dental structure with burs and discs.

These ergonomic instruments are essential for improving accuracy & efficiency in crown preparation. PrepSure® brings quality dental care to every patient by providing an excellent patient experience.




\*Please consult with your milling block manufacturer or dental lab for indications for specific crown materials


- Takes out all the guesswork
- Solves a very common crown prep problem
- Matches indications for all common crown materials
- Prevents a second impression or digital scan
- Autoclavable for exceptional value

## PrepSure Usage Guidelines & Technique

This technique is effective for both anterior and posterior teeth and for case refinement. PrepSure® instruments are autoclavable (**steam heat only, up to 270°F**) for 10 minutes at 30 psi max) and reusable, and they should be sterilized prior to use.

- 1 While performing reduction of the tooth structure, make depth-orientation grooves in the occlusal, buccal, and lingual surfaces to the reduction amount indicated for the desired crown material. Place the appropriate size PrepSure® tip into these grooves lengthwise to confirm the appropriate depth before continuing reduction. This will ensure adequate clearance on occlusal, buccal, and lingual surfaces of the prepared tooth.

M Tip confirms mesial-half clearance



D Tip confirms distal-half clearance
- 2 Once reduction has been done, place the PrepSure® tip marked with an M on the mesial half of the occlusal surface of the prepared tooth. Gently glide the M Tip along the mesial cuspal waves of the prepared tooth, and then repeat this motion on the distal side using the D Tip. Each tip should glide smoothly; if the tip must be forced or snapped through, this indicates that insufficient depth has been prepared and further reduction is required.
- 3 Once both tips have been able to pass through the prepared space without getting stuck or requiring pressure, the minimum required occlusal clearance for the restoration has been achieved.
- 4 Lastly, when appropriate for the crown material being used, the 1.0 mm PrepSure® tip can be placed against the prepared gingival chamfer or shoulder margin to confirm that adequate depth has been made for the final restoration.





## Incremental Thickness Gauge

The ContacEZ Incremental Thickness Gauge can efficiently, safely, and accurately confirm the amount of interproximal reduction performed for orthodontic treatment. Made with high-quality stainless steel, autoclavable and reusable; it is safe and easy to handle.



## Strip Tray

- Open-top design keeps Strips visible and accessible
- Makes organization simple and saves space
- Keeps thin, high-precision dental strips safe during sterilization and storage
- Autoclavable and reusable
- Each tray holds 8 strips



## Rainbow Set IPR

- Yellow Starter 0.7mm (3 pcs)
- Red Opener Med Double Sided 0.12mm (3 pcs)
- Dark Blue Widener 0.15mm (3 pcs)
- Green Extra-Widener 0.2mm (3 pcs)
- Clear Opener 0.10mm (2 pcs)
- Cyan Opener 0.12mm (2 pcs)
- Purple Widener 0.25mm (2 pcs)
- Brown Widener 0.30mm (2 pcs)
- Mint Widener 0.35mm (1 pcs)
- Aqua Widener 0.40mm (1 pcs)
- Turquoise Widener 0.45mm (1 pcs)
- Teal Widener 0.50mm (1 pcs)



## Signature Set RSS

- Black Diamond Strip (3 pcs)
- White Serrated Strip (3 pcs)
- Grey Final Polishing Strip (2 pcs)
- Pink Hygienist Strip (2 pcs)
- Clear LAB Stone Strip (2 pcs)
- Orange Serrated Diamond Strip (3 pcs)
- Blue Serrated Strip (3 pcs)
- Blue Narrow Strip (2 pcs)
- Gold Narrow Strip (2 pcs)
- Copper Narrow Strip (2 pcs)



8pk

## IPR PLUS Kit

Mint Widener Strip (2) / Aqua Widener Strip (2) /  
Turquoise Widener Strip (2) / Teal Widener Strip (2)



8pk or 16pk

## IPR Strip System Kit

Yellow Starter Strip (2/4) / Red Opener Strip (2/4) /  
Dark Blue Widener Strip (2/4) / Green Widener Strip (2/4)



8pk

## IPR PLUS Optional Kit

Clear Opener Strip (2) / Purple Widener Strip (2) /  
Cyan Opener Strip (2) / Brown Widener Strip (2)



8pk

## RSS Strip System Kit

Black Diamond Strip (2) / Orange Serrated Strip (1)  
/ White Gentle Saw Strip (2) / Gray Final Polishing  
Strip (1) / Blue Heavy Duty Saw (2)



8pk or 16pk

## IPR PLUS Assorted Kit

Mint Widener Strip (1/2) / Aqua Widener Strip (1/2) /  
Turquoise Widener Strip (1/2) / Teal Widener Strip (1/2) /  
Clear Opener Strip (1/2) / Purple Widener Strip (1/2) /  
Cyan Opener Strip (1/2) / Brown Widener Strip (1/2)



8pk

## Hygienist Overhang Removal Kit

Pink Hygienist Strip (2) / Gold Narrow Strip (2) /  
Copper Narrow Strip (2) / Blue Narrow Strip (2)



8pk

## IPR Combined Kit

Yellow Starter Strip (1) / Red Opener Strip (1) /  
Dark Blue Widener Strip (1) / Green Widener Strip (1) /  
Clear Opener Strip (1) / Purple Widener Strip (1) / Cyan  
Opener Strip (1) / Brown Widener Strip (1)



DENTAL PRACTICE SUPPLIES

[orders@dentalpracticesupplies.com.au](mailto:orders@dentalpracticesupplies.com.au)

[www.dentalpracticesupplies.com.au](http://www.dentalpracticesupplies.com.au)

Phone 1800 064 645

